



## Facts about Czech Republic

<b>Capital:</b>	Prague
<b>Official language:</b>	Czech
<b>Ethnic groups:</b>	Czechs 95%, Others 5%
<b>Government:</b>	Parliamentary republic
<b>Area:</b>	78 866 km <sup>2</sup>
<b>Population (2010):</b>	10 674 947
<b>EU accession:</b>	1 May 2004

## HES in Czech Republic

Health examination surveys have been conducted previously, the latest Health and Lifestyle (HELEN) survey in 2004-2005.

The EHES pilot fieldwork was based on the experience from previous HESs. It was carried out between November 2010 - March 2011. There were two examination sites: Prague and Hradec Kralove.

A total of 400 people were invited, 100 men and 100 women in both cities, with the age range of 25-64 years.

Participants were recruited by mailed letters. In case of no contact within two weeks, a second letter of invitation was sent. This letter included also a non-response questionnaire with three questions concerning the level of education, employment and health status.

A strong emphasis in the pilot was put on information and advice to the participants. Doctors gave feedback on results and also many leaflets about health issues were available.

The biggest challenge is to find ways to increase participation for the next survey.

The next national survey is planned for 2013.



The EHES pilot is organized by the National Institute of Public Health (SZU) Prague.



Examination site in Prague



The fieldwork team consisted of permanent staff from the institute; from left: nurse Michaela Cerstva, Dr. Nada Capkova and Dr. Jana Kratenova (fieldwork physicians), and assistant Marie Bubakova. DR. Ruzena Kubinova is the survey director (not in the picture).

The team from Hradec Kralove: Dr. Marta Tmejova (fieldwork physician) and assistant Vera Svajdlerova (no picture)



Health promotion material