



Facts about Germany

Capital:	Berlin
Official language:	German
Ethnic groups:	German 92%, Turkish 2 %, Italian 1%, others 5%
Government:	Federal parliamentary republic
Area:	357 021 km ²
Population (2010):	81 757 600
EU accession:	25 March 1957

HES in Germany

Germany has long history of HESs since 1980's. A previous national HES was carried out in 1998. Germany has also a national HES on children and adolescents (KiGGS).

The current ongoing HES, Studie zur Gesundheit Erwachsener in Deutschland (DEGS), was started in November 2008 and will last until November 2011. The sample size is 15 000 persons aged 18-79 years.

Examinations are carried out in specifically established examination sites. There is a total of 180 examination sites.

Two teams travel from one site to the other. Each team consisted of a receptionist, a physician, a laboratory assistant and one nurse.

Additional to the EHES core measurements, SD-sonography, Zahlen-Symbol-test, physical function tests (for 65+ years old) and bicycle ergometer test (for 18-64 years old) were included and extensive list of additional analysis from blood samples and urine test.

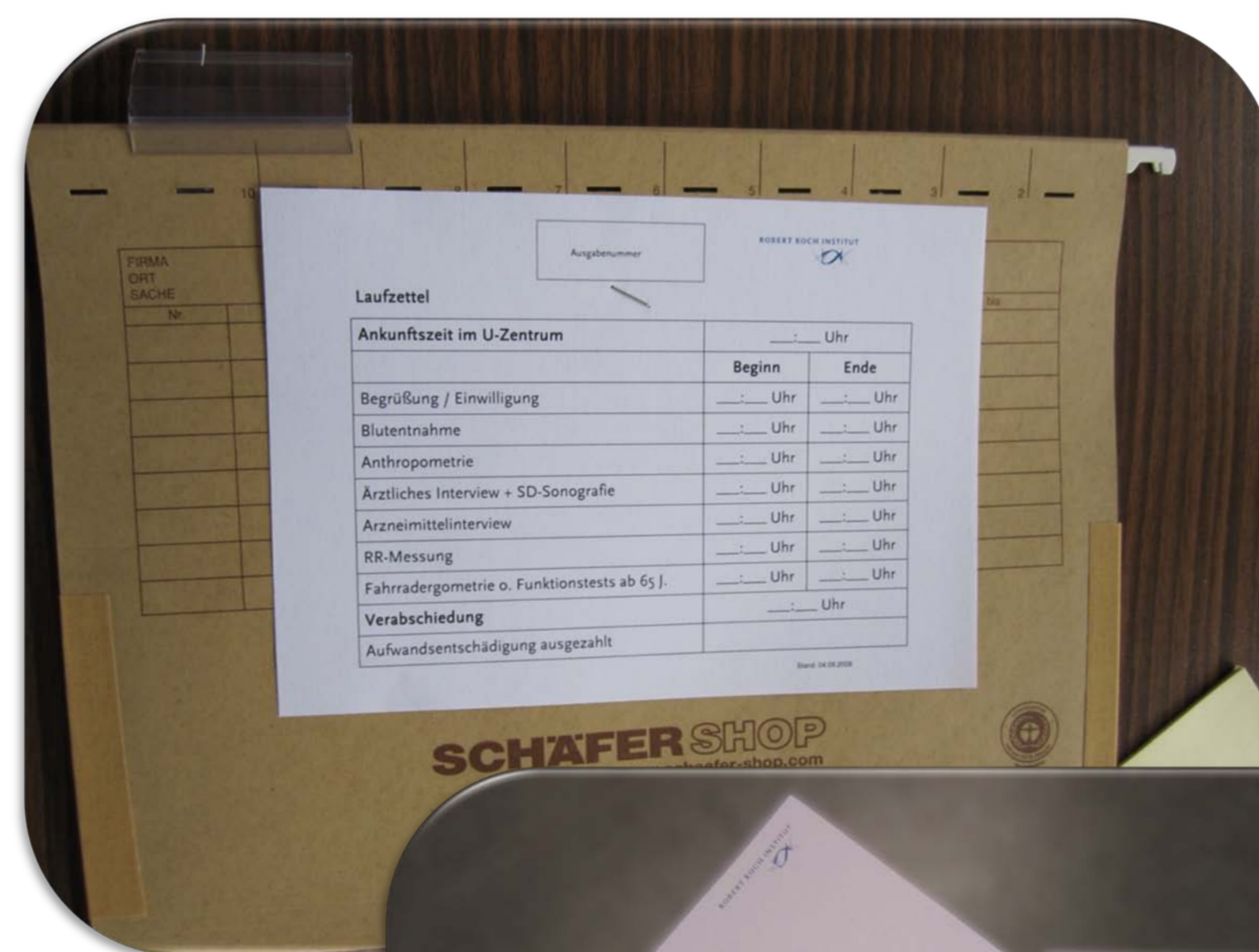
Blood samples are processed and storage on the field to -40°C. Samples are transferred to the laboratory in the Robert Koch Institute, Berlin once a week.

Each participant received 30€ cash incentive at the end of the examination.

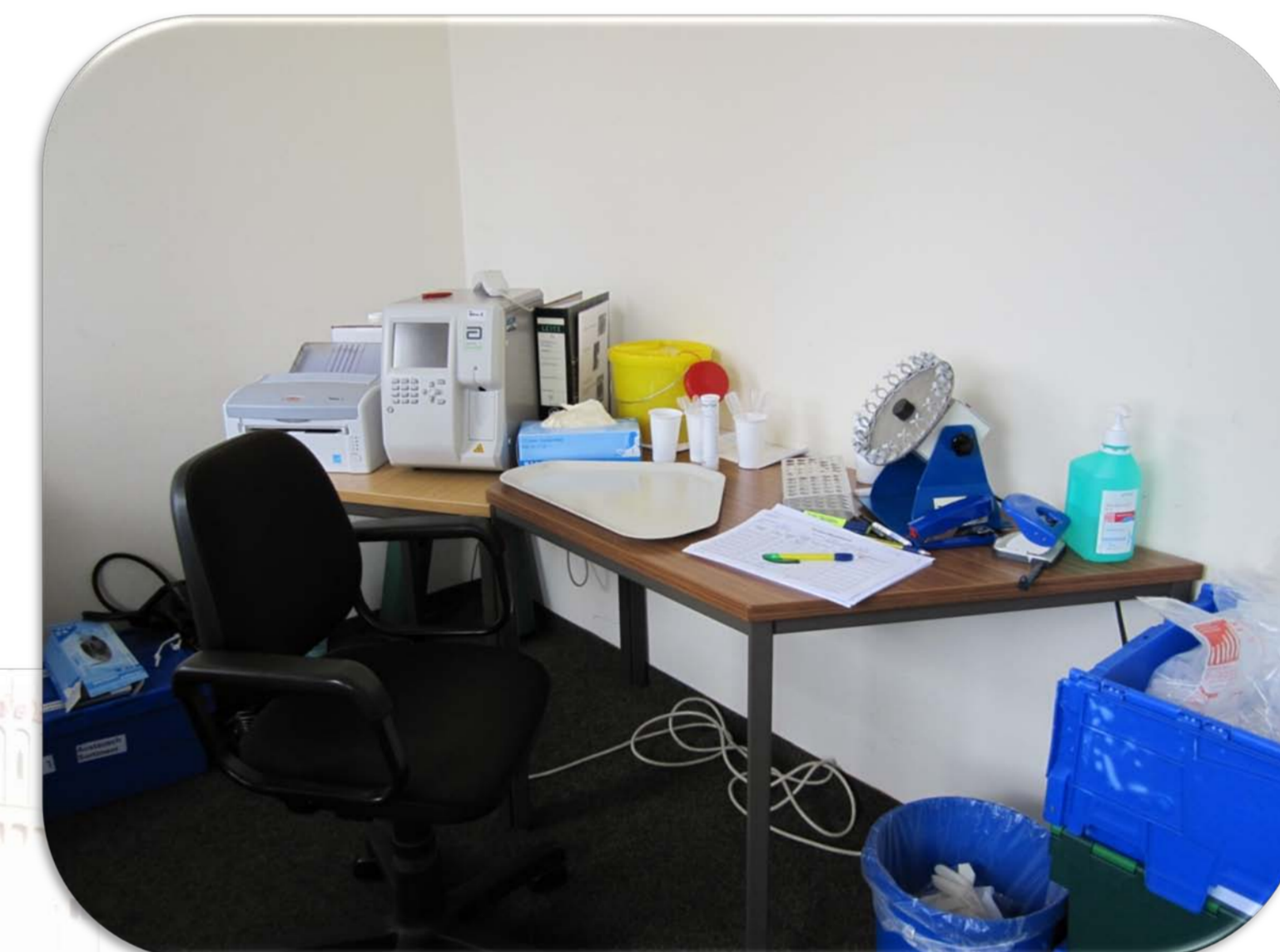
A next full-size national HES is planned to be organized around 2016-2017.

See

http://www.rki.de/cln_169/nn_1335824/DE/Content/GBE/Erhebungen/Gesundheitsveys/DEGS/degs_inhalt.html?_nn=true



Participant's folder and questionnaires



Field laboratory for samples handling and storage

One of the German teams in Berlin: Antje Gößwald, Christian Haatz, Susanne Pochhammer, Carolyn Haufe, Sandra Gose, Birgit Bergmann



Survey teams travels around Germany with DEGS car